



Good food charter

Making good food accessible
to all throughout Arun &
Chichester

We believe good food is:

- Food that is good for our health
- Food that is good for the planet
- Food that creates, reflects and celebrates our communities
- Food that contributes to a vibrant local economy

A three-year Food Strategy for Arun and Chichester – what we want to see –

Food security

We will reduce food insecurity through:

- Working with partners to support people to maximise their income through benefit checks and budgeting support
- Calling for improvements to the benefits system and fair pay
- Enabling communities to come together and learn new skills
- Increasing access to fresh, local produce

Food for our planet

We will be an area in which our food contributes to a sustainable planet by:

- Developing more local food growing projects and increasing confidence to grow-your-own
- Promoting sustainable farming practices
- Working with citizens, businesses and other organisations to reduce their food waste, and where there is surplus, helping businesses to re-direct this to community groups.
- Leading the commitment among local food businesses to sustainable practices

Food for our communities

We will increase community participation through:

- Celebrating our diverse local food cultures
- Ensuring residents have an opportunity to play an active role in shaping our food system
- Supporting local food champions to develop initiatives within their community

Food for our health

We will improve health and wellbeing through:

- Calling for the adoption of good food standards in our schools, hospitals and other settings
- Enabling more opportunities to get involved in community growing
- Championing the provision of nutritious low-cost meals in community settings
- Developing education around nutrition and cookery skills

Food for our local economy

We will support the development of our local economy through:

- Ensuring there is good access to a variety of good, healthy food, especially in rural communities
- Championing the commitment to a living wage within the food sector
- Testing alternative small scale food production and models of sustainable food provision
- Working with local businesses and other partners to increase access to locally produced food and promote our local produce.

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What you can do



Simple things you can do as a community member:

- Get involved in your local community food project
Isn't one in your area? Talk to us today about what you would like to see
- Eat more plant-based food and less or better meat and dairy
- Buy only what you need and waste less
- Cook together and for each other
- Sign up to our newsletter to hear about what is going on across Arun and Chichester
<https://tinyurl.com/ACFoodNews>



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Organisations and businesses can commit to:

- Reviewing their supply chains and purchasing from local, sustainable suppliers wherever possible
- Paying a fair wage to their employees
- Providing opportunities for employees to get involved in community food initiatives
- Promoting sustainable and ethical practices through menus and messaging to customers and clients

If you or someone you know is struggling please contact us using the details below and we can connect you to the relevant local services

Contact us:

foodpartnership@arunchichestercab.org.uk
07435 808549 Twitter: @ArunChiFood

The Arun and Chichester Food Partnership are proud members of Sustainable Food Places, a partnership programme run by the Soil Association, Food Matters and Sustain.

