



Where to access free or low-cost food in Chichester City

September 2025

UK Harvest Community Food Hubs – Bring your own bag!

UK Harvest runs four pop-up Community Food Hubs in Chichester. For a complete, up-to-date list visit <https://www.ukharvest.org.uk/education/community-food-hub>. Choose from a selection of mixed groceries and added extras for a suggested donation of £5, helping you to save your money for other essentials. You do not need a referral and you will not be turned away if you can't make a donation.

Chichester – Parklands – 12th Chichester Scout Group, Sherborne Rd, PO19 3AB

Every other Wednesday, 3:00 – 4:00pm

Chichester – Swanfield Park Community Centre, Swanfield Drive, Chichester PO19 6TH

Every other Thursday 2–3pm

Chichester – St George's Church, Whyke, Cleveland Road, Chichester PO19 7AD

Every other Friday 10–11 pm

Chichester – Greylingwell Chapel – Graylingwell Park, Chichester, PO19 6BZ

Every other Friday, 3:30 – 4:30pm

Chichester District Foodbank – by referral only

Chichester District Foodbank provides 3-day food parcels and support to anyone who is facing a financial crisis and has little or no money for basics, including food, fresh fruit and vegetables, toiletries, feminine hygiene, nappies, toilet paper and household items. There is no cost, but you will need to be referred by an organisation that holds their vouchers like Citizens Advice. Also runs free Tea, Toast, Talk Fridays open to all. Further details can be found on their website www.chichesterdistrict.foodbank.org.uk or you can phone their office 01243 773687.

Address: Unit 10, Chichester Trade Centre, Quarry Lane, Chichester PO19 8ET

Opening times: Monday 2pm–4pm, Wednesday 9.30am–11.30am, Friday 4pm–6pm

Swanfield Community Centre – Swanfield Drive, Chichester, West Sussex PO19 6GH

Coffee and surplus food stand, open every Tuesday, 10am to 11.30. Everyone welcome. Breakfast Club on the 2nd Saturday of each month, where people can have cereals, toast and a full English for £2 plus a free surplus food table 10am to 11.30am. Everyone welcome.

Community Chest – Greylingwell Chapel – Graylingwell Park, Chichester, PO19 6BZ

Free food shelf and fridge with surplus produce, open every day 9am – 4pm, collections are Fridays so weekends are best.

UK Harvest at the Chichester Farmers' Market – East Street, Chichester

Visit their stand at Chichester Farmers' Market and join their mission to fight food waste and eliminate hunger. They share tips to help you reduce household food waste, save money and cook delicious meals. They often have herbs, kindly donated by Vitacress, and rescued produce for you to take. First Friday of every month, 9am – 2pm



hello@arunchifood.org.uk
07483 172353
arunchifood.org.uk

Stonepillow – help for people who are homeless or at risk of homelessness

Chichester Hub – The Old Glassworks, St Cyriacs, Chichester, PO19 1AJ

This is a service for people who are rough sleeping or homeless. They provide breakfast, lunch, hot drinks, showers, clothing and laundry facilities as well as advice and information on housing options, benefits, mental health, substance misuse and a needle exchange. You can also register for their hostels or supported accommodation. They are here for people that want to turn their lives around and the support you receive will be tailored to your individual needs.

Open Mon to Fri 9am – 4pm and Sat – Sun 9am – 1pm. Please call 01243 775925 to book an appointment. <https://stonepillow.org.uk/homeless-need-help/>

The Four Streets Project

The Four Streets Project is a group of volunteers, made up of local residents of Chichester who work together to provide nightly support to the homeless, hungry and vulnerable of Chichester.

They operate an evening supper club service between 18:30 and 19:00 every night of the week from the back kitchen door at St Pauls Church, Churchside, Chichester, PO19 6FT where they provide help and support (food, soup, water, chat and advice).

St Pancras Church / HEART

HEART provides a safe place, where members of the homeless community (and those on the edge of homelessness, including sofa surfers) can come, know that they can get a hot meal, and chat to someone with no pressure or risk of being judged. Just a place where they can be loved, have their basic needs met and find a reprieve from their circumstances, even if only for a short time each day.

They serve a hot, take away breakfast and packed lunch every day of the week from 9am until 10am. All Breakfasts are served at St Pancras Hall, 101 St Pancras, Chichester, West Sussex, PO19 7LH.

Do you need other help?

If you need a Foodbank Voucher call the Citizens Advice Help Through Hardship helpline free on 0808 208 2138 (Monday to Friday 9am–5pm).

Chichester Citizens Advice, East Pallant House, 1 East Pallant, Chichester, West Sussex, PO19 1TY Mondays, Tuesdays, Wednesdays and Fridays 10am – 1pm. They are open for a drop-in service in the mornings and booked appointment in the afternoons. In person services are only for those who cannot access us by phone or online.

Call the FREE Adviceline telephone number 0808 278 7969 to speak to one of their team (Monday to Friday 10am – 4:30pm)

If you need energy advice, including assistance with paying your bills, you can call the energy line on 01243 974063 (Monday to Friday 10am–4pm, local call rates apply).

If you need help finding out if you're entitled to benefits or claiming Universal Credit, call the Help to Claim team on 0800 144 8 444 (Monday-Friday, 8am–6pm)